1. A method of processing an item at least partially formed of a hydrophilic polymeric material to produce a reduced protein affinity, said method comprising preventing the formation of insoluble ionic materials in or on the item during processing.

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2. The method of Claim 1, further comprising:

hydrating the item in a solution free of multivalent cations:

processing the item in the presence of a buffer; and

flushing the buffer from the item using a solution free of multivalent cations.

- 3. The method of Claim 2, further comprising tumble-polishing of the item in a polishing slurry in the presence of the buffer.
- 4. The method of Claim 3, wherein the polishing slurry comprises glass polishing beads.
- 5. The method of Claim 3, wherein the polishing slurry comprises a phosphate buffer.
- 6. The method of Claim 5, wherein the item is processed in an alkaline aqueous solution.
- 7. The method of Claim 3, wherein the polishing slurry comprises a borate buffer.
- 8. The method of Claim 3, wherein the polishing slurry comprises a buffer selected from an acetate buffer, a citrate buffer, a carbonate buffer, and mixtures thereof.
- 9. The method of Claim 3, wherein the polishing slurry comprises a buffer system of mixed anions.
- 10. The method of Claim 2, wherein the step of flushing the buffer from the item in a solution free of multivalent cations is carried out at an elevated temperature.

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11. The method of Claim 2, further comprising equilibrating the item in a saline solution.

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- 12. The method of Claim 1, wherein the step of preventing the formation of insoluble ionic materials in or on the item during processing comprises the exclusion of multivalent cations from a processing solution.
- 13. An ocular item processed according to the method of Claim 1.
- 14. A method of polishing an ocular item, said method comprising: forming an ocular item at least partially from a hydrophilic material; hydrating the ocular item in a solution free of multivalent cations;

polishing the ocular item in a polishing slurry solution comprising a buffer and a solvent free of multivalent cations; and

flushing the buffer from the ocular item using a solution free of multivalent cations.

- 15. The method of Claim 14, wherein the polishing slurry solution comprises glass polishing beads and the buffer comprises a phosphate buffer.
- 16. The method of Claim 15, further comprising maintaining the polishing slurry solution at a pH of at least 7.
- 17. The method of Claim 14, further comprising equilibrating the ocular item in a balanced saline solution.
- 18. The method of Claim 14, wherein the flushing step is carried out at an elevated temperature.
- 19. An ocular item polished according to the method of Claim 14.

- 20. A system for processing an item at least partially formed of a hydrophilic material to produce a reduced protein affinity, said system comprising:
- a hydrating chamber for hydrating the item in a solution free of multivalent cations;
- a tumble-polisher containing a polishing slurry solution comprising a phosphate buffer and a solvent free of multivalent cations; and
 - a flushing mechanism for removing the phosphate buffer from the item.
- 21. A polishing slurry for polishing an ocular item, said polishing slurry comprising:
 - an aqueous solution free of multivalent cations;
 - a plurality of polishing elements dispersed in the aqueous solution; and a phosphate buffer.
- 22. An ocular item having a reduced protein affinity, said ocular item being at least partially formed of a hydrophilic material, and comprising a generally transparent body bounded by at least one surface, said body and said surface being substantially free of insoluble salts capable of binding to proteinaceous substances.
- 23. The ocular item of Claim 22, comprising an intraocular lens having at least one haptic extending from the generally transparent body.
- 24. The ocular item of Claim 22, comprising a non-hydrophilic core with a coating of a hydrophilic polymer.
- 25. A method of processing an item at least partially formed of a hydrophilic polymeric material, containing organic aromatic structures, to produce a reduced protein affinity, said method comprising preventing the formation of complexes of multivalent cations with said aromatic structures, in or on the item during processing.

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26. A method of processing an item at least partially formed of a hydrophilic polymeric material, said method comprising inducing the formation of insoluble ionic materials in or on the item during processing.

- 27. The method of Claim 26, further comprising:
 hydrating the item in a solution containing multivalent cations;
 processing the item in the presence of a buffer; and
 flushing the buffer from the item using an aqueous solution.
- 28. A method of processing an item at least partially formed of a hydrophilic polymeric material, containing organic aromatic structures, said method comprising inducing the formation of complexes of multivalent cations with said aromatic structures, in or on the item during processing.
- 29. An intra-ocular lens comprising a lens body portion and at least one haptic, said at least one haptic treated to have an increased protein affinity, and said lens body treated to have a decreased protein affinity.